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New York State Therapeutic Recreation Association, Inc.

Multi-Day Conference March 25th – March 28th, 2006

Holiday Inn, Saratoga Springs, NY

“TR: Strengthening the Circle of Life”

Title of Presentation: Garden Mosaics: Community Integration through Exploration and Action

Description of Presentation (Please be as precise as possible to give a full and accurate picture of what you intend to present. Refer to the NCTRC job analysis code to ensure that your session is eligible for CEUs and will be accepted by NCTRC).

Garden Mosaics is a curriculum developed at Cornell University for youth and adults that uses community gardens to build social, cognitive, and leisure skills, while enhancing physical and emotional well being. Program participants begin by learning about their neighborhood or home community through maps and exploratory walks. They then forge relationships with local gardeners through interviews and plant inventories. Posting these gardener stories on the Garden Mosaics website offers an opportunity to synthesize the information and gain computer skills. Finally, drawing on their understanding of the neighborhood and their conversations with gardeners, the program participants can design their own action project. As they carry out this project, they become integrated in the community and experience the benefits of gardening as an outdoor leisure activity. Therapists and educators can adopt the program as a whole or choose individual activities that best match their clients’ goals.

Come and learn about Garden Mosaics by reviewing our materials and trying out one of the investigations. Also have a chance to discuss how the sequence of activities follows the Leisure Ability Model and what adaptations could make Garden Mosaics appropriate for your setting.

Learning Outcomes: Outcomes must be measurable and indicate what the audience will learn by participating in this session (provide at least Three)

1. Session attendees will understand the goals and possible uses of the Garden Mosaics curriculum.
2. Session attendees will have a basic knowledge of four of the Garden Mosaics activities (Neighborhood Exploration, Community Garden Inventory, Gardener Story, and Action Project).
3. Session attendees will know what resources (print, multimedia, and web-based) Garden Mosaics offers to assist program implementers.
4. Session attendees will have ideas about how Garden Mosaics could be best used with their clients or participants.

Please indicate the level of your presentation:

Basic **Intermediate** Advanced

Please indicate the mode of your presentation:

Lecture Panel **Interactive** Noisy

Please indicate the length of Session: Single 90mins. Double 3hrs Institute 4-6hrs.

Please indicate your AV needs: **TV/VCR** CD/Tape player Overhead Projector

Slide Projector

Is an LCD projector an option? I would like to show our website.

Please indicate room arrangement: Lecture/theatre Classroom other

Number of Participants: unlimited Limited How Many?

Please indicate the appropriate NCTRC job analysis code:

I Background

II Diagnostic Groupings and Populations Served

III Assessment

IV Planning the Intervention

V Implementing the Individualized Plan

VI Documentation and Evaluation

VII Organizing and Managing Services

VIII Advancement of the Profession

Presenter’s Name and Title: Kendra Liddicoat, MS, CTRS. Graduate Student

Agency Garden Mosaics

Mailing Address Department of Natural Resources, Cornell University, Fernow Hall

City Ithaca, NY 14853

Phone Day (607) 254-5479

Evening (212) 663-7392

For your presentation to be accepted, please include a resume for each speaker.

Email completed forms to: nojo1201@frontiernet.net

or mail to: